

# ETHEREA SPA

NUMOIERAPETRA  
BEACH RESORT CRETE

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**CURIO COLLECTION**  
by Hilton™

# BODY, MIND & SOUL THE BODY AS PART OF THE SOUL

## THE BRANDS

### **Swiss Line**

Rooted in Switzerland, Swiss Line is driven by a passion for skin biology and beauty. Its award-winning formulas contain naturally bioactive ingredients found in the skin, such as collagen, mimetic growth factors and clinically tested peptides.

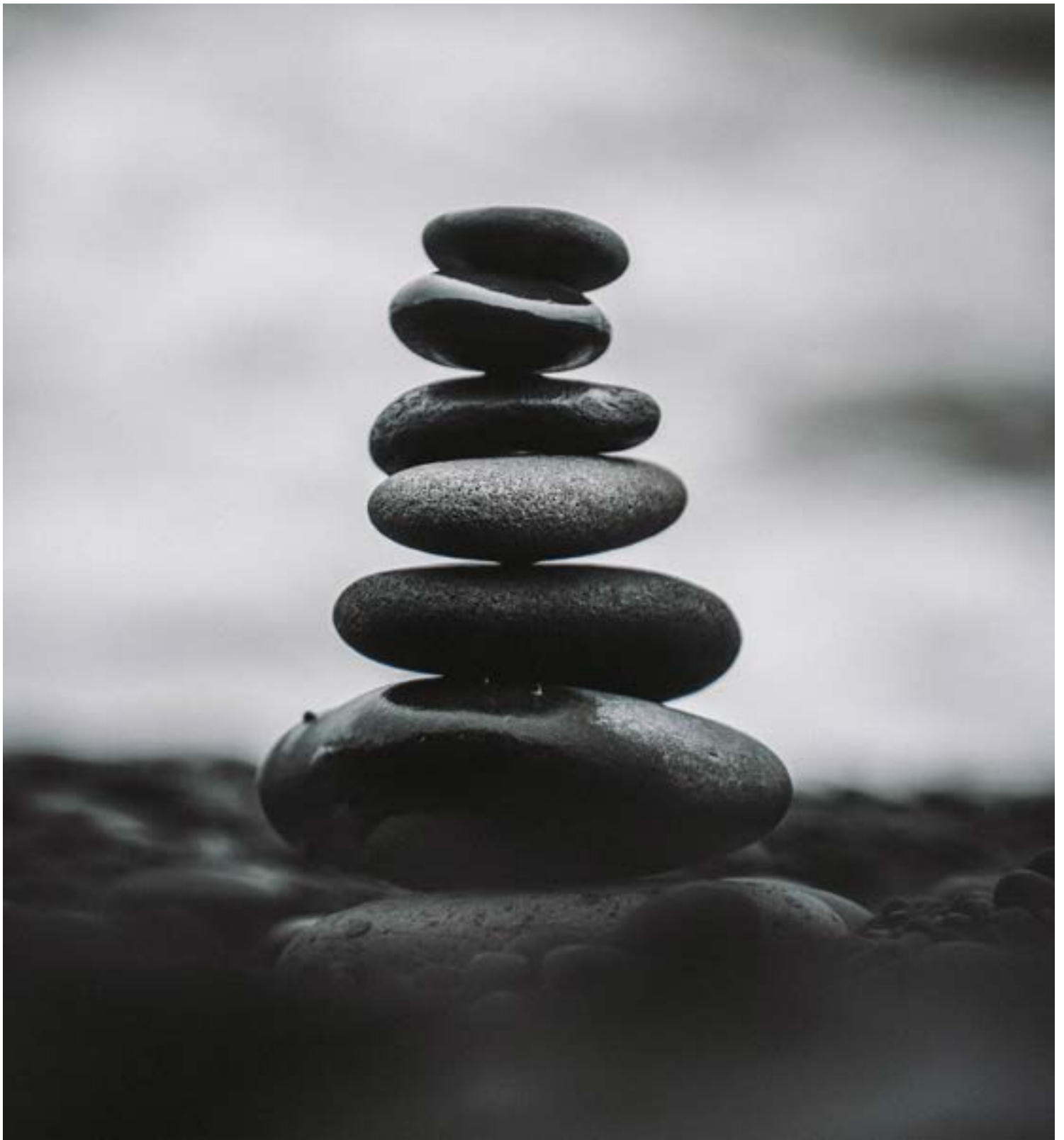
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### **Onar Wellness**

The science of well-being meets ancient Greek wellness practices in Onar Wellness. Our therapies seamlessly combine traditional techniques with advanced scientific expertise, offering a targeted and innovative approach to relaxation and balance. Experience holistic well-being through a journey of self-discovery that leads to a healthier, happier you.

**Etherea Spa** is your private sanctuary  
for relaxation and rejuvenation.

LET THE JOURNEY BEGIN



## OUR PILLARS

### **Integrated Wellness**

A holistic approach through wellness & spa modalities for guests to be balanced, touched, healthy and feel alive, beautiful, nourished and active.

### **Modern Lifestyle**

Promoting connections between our guests, we create an open wellness culture where our guests feel free everywhere to perform wellness modalities combined with lifestyle elements like music and cultural events.

### **Sense of Place**

Authentic and out of the box experiences connecting guests with local culture and communities, creating an environment of wellbeing in and out of the properties, celebrating life.

# FACIALS

## DREAM TIME FACIAL TREATMENT

A soothing facial that works on both an emotional and physical level, restoring balance to the throat chakra (the body's sleep center). Jasmine flower extract is gently massaged into the skin using light techniques that promote deep relaxation for the body, mind, and soul.

MIN—60

## GENTLEMAN'S FACIAL

This firming facial restores elasticity, revealing a more youthful, sculpted look. Ideal for the modern man, this treatment reduces puffiness and eliminates toxins through lymphatic drainage.

MIN—60

## SWISS SMART FACIAL

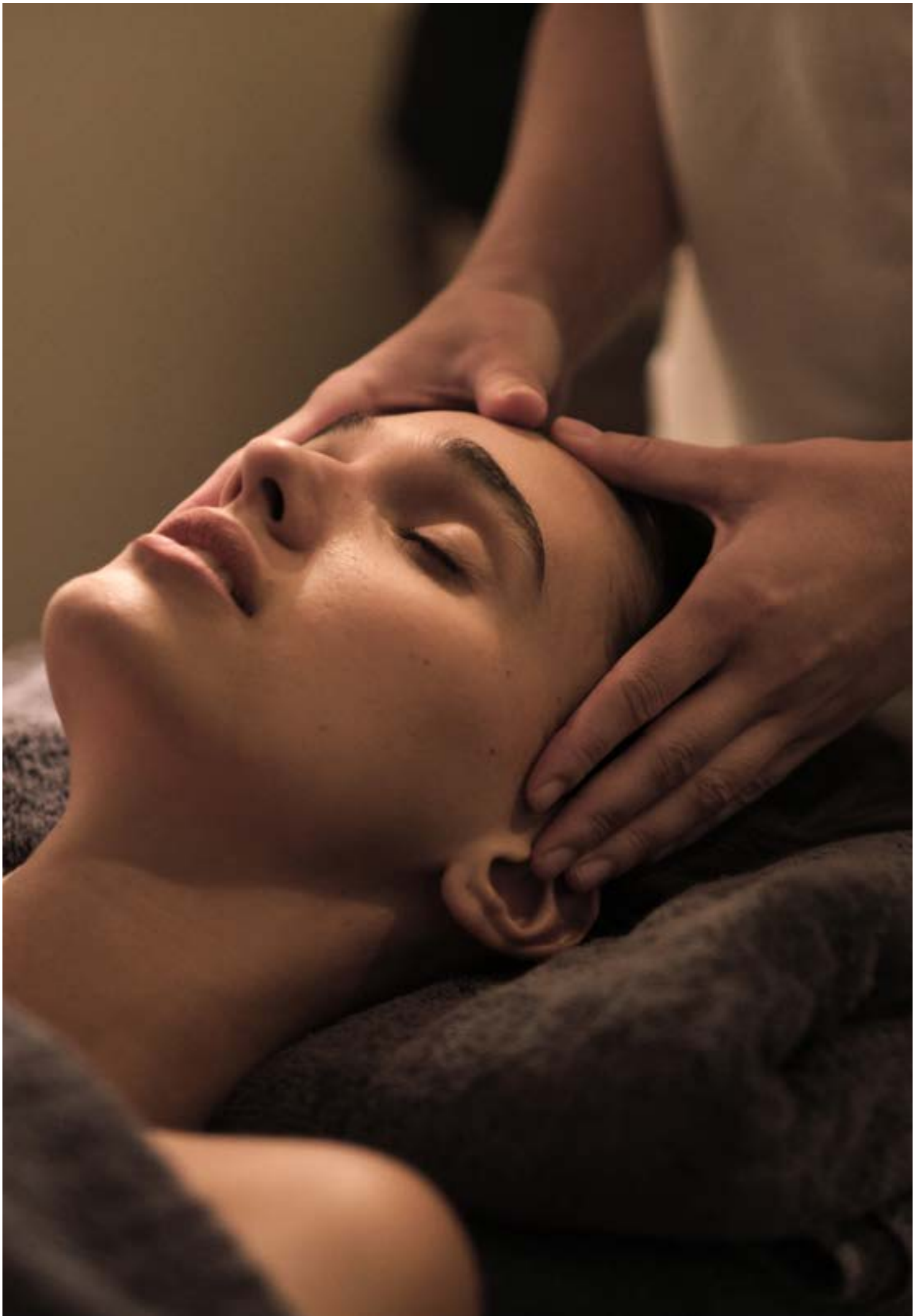
A revitalizing treatment that restores the epidermal barrier, boosts hydration, and refreshes the skin. Featuring Swiss Line's signature age-intelligent boosters, this facial is ideal for skin that needs an instant "de-stress."

MIN—60/75

## SWISS LIFTING INFUSION FACIAL

Designed for firming and lifting, this treatment uses a potent blend of marine collagen and hyaluronic acid to boost hydration, smooth fine lines, and restore radiance.

MIN—75





# BODY MASSAGES

## EVEKSIA ONAR MASSAGE

A revitalizing anti-stress massage using aloe vera, mint, thyme, and eucalyptus, combined with gentle stretching techniques for deep relaxation. A fusion of deep tissue and spot massage techniques enhances circulation and relieves tension.

MIN—50

## LYMPHATIC DRAINAGE MASSAGE

A treatment designed to eliminate excess fluids, reduce cellulite, and improve circulation. A blend of rose, myrtle, cardamom, and neroli essential oils enhances this sculpting and firming therapy. Includes a full-body exfoliation.

MIN—80

## AROMATHERAPY MASSAGE

A deeply relaxing and balancing massage that nourishes the skin and calms the mind. A blend of rose, sandalwood, and jasmine essential oils fosters inner peace.

MIN—60

## MOTHER-TO-BE MASSAGE

A gentle and pampering treatment designed to relieve tension, improve circulation, and enhance sleep patterns during pregnancy. Suitable for moms-to-be after the first trimester.

MIN—50

## GUA SHA FULL BODY MASSAGE

A unique Swiss Line therapy using Gua Sha stones and sculpting techniques to relieve tension and promote deep relaxation. Ideal for improving resilience, restful sleep, and inner calm.

MIN—90

# SIGNATURE TREATMENTS

## CRETAN SIGNATURE TREATMENT

A relaxing and firming therapy that relieves muscle tension and stress. Swiss Line massage techniques improve circulation, flexibility, and skin tone while easing physical discomfort.

MIN—60


## DEEP TISSUE MASSAGE

Designed to relieve muscular fatigue and joint pain, this therapy incorporates Thai massage, meridian pathwork, and deep tissue movements. Energizing, detoxifying, and mood-enhancing.

MIN—60/90







# SCRUBS & WRAPS

## GOLDEN BODY TREATMENT

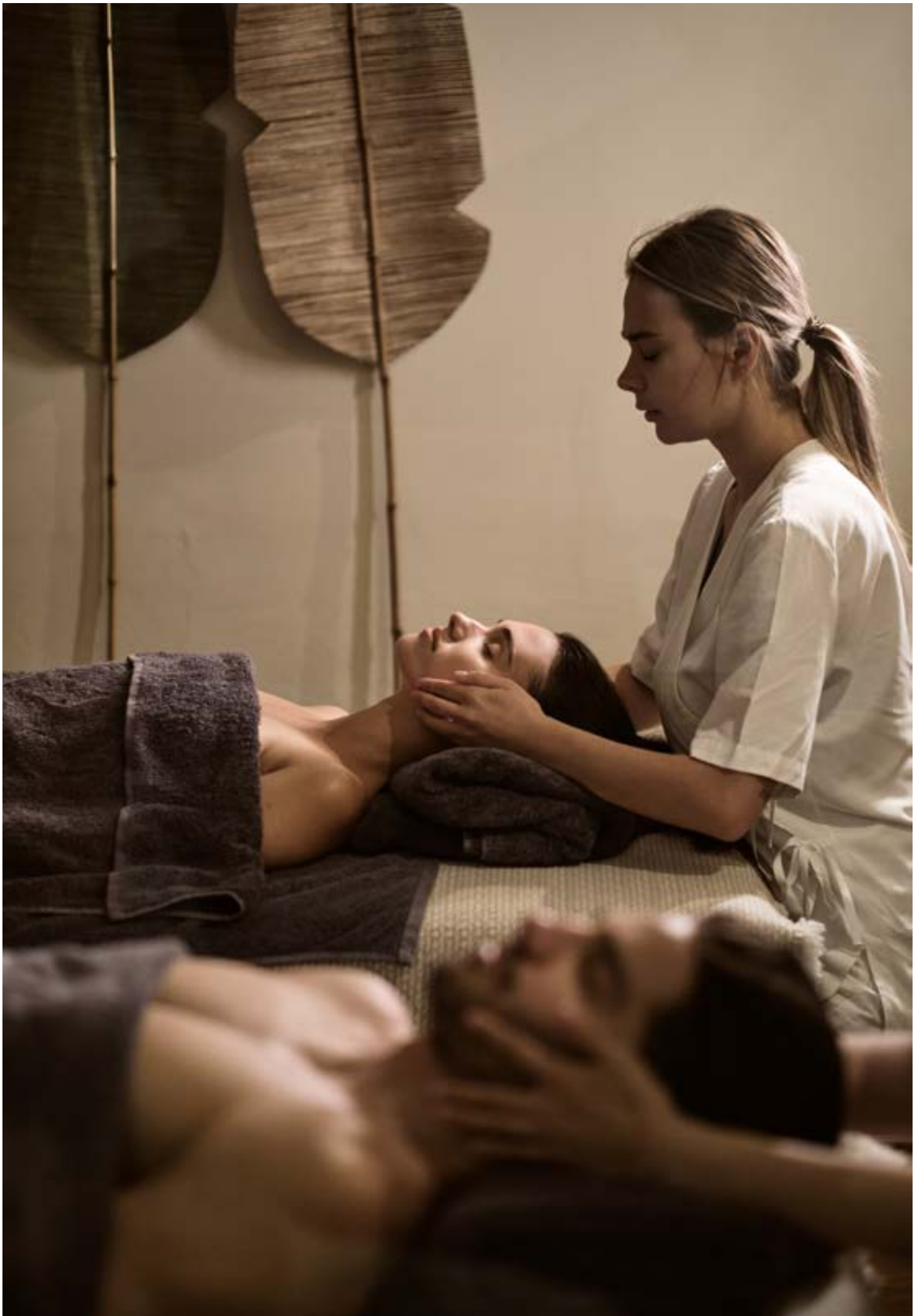
A luxurious full-body treatment that repairs and softens the skin using the anti-inflammatory benefits of gold. Features a gold sugar scrub and a nourishing oil massage infused with gold particles.

MIN—90

## HYDRATING & COOLING SCRUB & WRAP

A collagen-boosting treatment that enhances hydration and prepares the skin for sun exposure. Infused with flower water and aloe vera for a cooling, anti-aging effect.

MIN—90



# EXPERIENCES

## INNER PEACE IMMERSION

A deeply relaxing ritual that restores positive energy and revitalizes the body and spirit. A full-body scrub preps the skin for a nourishing rose, jasmine, and sandalwood massage.

MIN—120

## COUPLES CONNECT

A sensual ritual for couples designed to calm the nervous system and promote emotional, physical, and spiritual reconnection.

MIN—120

## DREAM TIME JOURNEY

A deeply relaxing experience using essential oils and a rhythmic full-body renewal massage to promote restorative sleep and cellular rejuvenation.

MIN—120

## EXPERIENCE COMBO

The perfect holiday starter: Full-body brushing scrub, deep hydrating body wrap, full-body Gua Sha massage, and a quick radiance-boosting facial. Includes a complimentary pedicure.

MIN—160



# EXPRESS TREATMENTS

## CALMING FACIAL

A quick hydration boost for sun-exposed or tired skin.

MIN—30

## BACK NECK AND SHOULDERS MASSAGE

Relieves upper-body tension and promotes relaxation.

MIN—30

## DETOXIFYING SCRUB

Targets cellulite, stress, and fatigue while stimulating circulation.

MIN—30

## SCALP MASSAGE

Relieves head and neck tension, promoting deep relaxation.

MIN—30

## FOOT MASSAGE

Eases tension in the calves, soles, and thighs, balancing energy and boosting mood.

MIN—30

## EYE LIFT TREATMENT

A lifting and firming treatment for the eye area, reducing dark circles and puffiness.

MIN—30

## ALOE SUN COOLER WRAP

A soothing Greek aloe vera wrap that cools sun-exposed skin and restores elasticity.

MIN—30

## MANICURE & PEDICURE

## HAIRDRESSER | PROFESSIONAL OR WEDDING MAKE UP |

In order to make an appointment, please contact our spa reception 24 hours in advance.



# SPA ETIQUETTE

TO MAKE YOUR SPA EXPERIENCE AN ENJOYABLE ONE, OUR SPA TEAM WOULD LIKE TO HIGHLIGHT SOME IMPORTANT GUIDELINES WHICH IF ADHERED TO, WILL MAKE YOUR SPA JOURNEY ONE TO REMEMBER.

1. Please arrive 15 minutes before your scheduled appointment.
2. Guests must complete a health history form before starting treatments.
3. To maintain a tranquil environment, please keep conversations low and silence mobile devices.
4. The spa is a non-smoking area.
5. Cancellation Policy:
  - Cancellations within 24 hours will be charged 50% of the treatment cost.
  - No-shows will be charged 100% of the treatment cost.

# ETHEREA SPA

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